

Huffington Post - Ramadan Reflection Day #1: What Will Make this Ramadan Different?

This Ramadan,
Imam

Khalid Latif, Executive Director and Chaplain of the Islamic Center, will for a second year in a row be keeping a daily journal for the Huffington Post. His first article, entitled "Ramadan Reflection Day 1: What Will Make this Ramadan Different?" was published earlier today. To read the entire article in full, please [click here](#).

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Imam Khalid Latif

Ramadan Reflection Day 1: What Will Make This Fast Different?

This Ramadan is unique in comparison to the Ramadans that came before it just as today is unique in comparison to each yesterday that we have lived and every tomorrow that we will see.

As in years past, Muslims all over the world, myself included, will abstain from eating, drinking, smoking, and engaging in sexual activity from sunrise until sunset for a month. The rituals and actions that render my fast to be valid will stay the same.

What will make this Ramadan different is my being different. While taking a moment to think about how much my life has changed this past year, I also should take a moment to think about how I have changed in the past year. Where has my growth been, where have I digressed, and how have I stayed the same?

Much of time we forget in our undertaking of journeys that how we reach our destination is just as important as the destination itself. In pursuit of our goals and objectives, worldly, material or otherwise, we often leave this behind. Our focus lies mostly on the external, and, as such, we prevent ourselves from seeing the remarkable people and places around us, because we fail to reach the potential within us....to continue reading [please click here](#)